

Monday

Tuesday

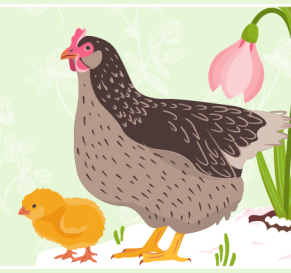
Wednesday

Thursday

Friday



March 2024



7:30 Arrive & Socialize
8:45 Morning Movement
9:00-11:15 Bingo
1:00 Movie & Popcorn
3:00 Activities of choice



7:30 Breakfast, Coffee & Good Vibes **4**
9:00-11:15 Bingo
11:30 Fitness & Trivia
1:00 Nutrition Month Discussion
3:00 Activity of Choice



7:30 Breakfast, Coffee & Good Vibes **5**
8:30 Morning Movement
9:00-11:15 Bingo
1:00 Easter Bunny Sock
3:00 Board Games/ Trivia

7:30 Breakfast, Coffee and Good Vibes **6**
9:00- 11:15 Bingo
11:30 Wednesday Workout
1:00 Sweater Bunny Craft
3:00 Activity of choice

7:30 Breakfast, Coffee & Good Vibes **7**
8:45 Morning Movement
9:00-11:15 Bingo
11:30 Bobble Head Leprechaun Craft
1:00 Music with Jim
3:00 Board Games/Trivia



7:30 Breakfast, Coffee & Good Vibes **8**
9:00-11:15 Bingo
11:30 Fitness and Trivia
1:00 Double Bingo
3:00 Cards/ Group Games



7:30 Breakfast, Coffee & Good Vibes **11**
8:45 Morning Movement
9:00-11:15 Bingo
1:00 Mason Jar Craft
3:00 Group Activities

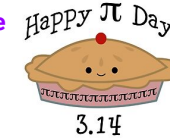
7:30 Breakfast, Coffee & Good Vibes **12**
9:00-11:15 Bingo
11:30 Fitness & Trivia
1:00 Pot of Gold Craft
3:00 Activity of Choice



7:30 Breakfast, Coffee and Good Vibes **13**
9:00- 11:15 Bingo
11:30 Wednesday Workout
1:00-2:00 March Paint & Sip
3:00 Activity of choice



7:30 Breakfast, Coffee & Good Vibes **14**
8:45 Morning Movement
9:00-11:15 Bingo
1:00 Pi Day Game



7:30 Breakfast, Coffee & Good Vibes **15**
9:00-11:15 Bingo
11:30 Fitness & Trivia
1:00 Shamrock Shakes
3:00 Activity of Choice



7:30 Breakfast, Coffee & Good Vibes **18**
8:45 Morning Movement
9:00-11:15 Bingo/Manicure Monday
1:00 St Patties Muffin Making
3:00 Group Activities



7:30 Breakfast, Coffee & Good Vibes **19**
9:00-11:15 Bingo/ Crafts
11:30 March Madness Bracket
1:00 March Madness Games
3:00 Group Activities

7:30 Breakfast, Coffee and Good Vibes **20**
8:45 Morning Movement
9:00- 11:15 Bingo
1:00-2:00 Oral Health Discussion
3:00 Activity of choice



7:30 Breakfast, Coffee & Good Vibes **21**
9:00-11:15 Bingo
11:30 Fitness & Trivia
1:00 Ceramic Painting
3:00 Activity of Choice



7:30 Breakfast, Coffee & Good Vibes **22**
8:45 Morning Movement
9:00-11:15 Bingo
1:00 Movie & Popcorn
3:00 Board Games & Trivia

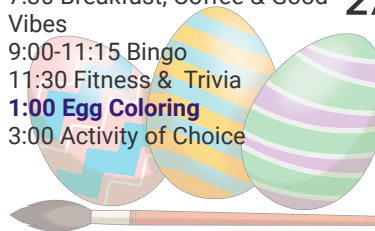


7:30 Breakfast, Coffee & Good Vibes **25**
9:00-11:15 Bingo
11:30 Fitness & Trivia
1:00 Easter Gnome Painting
3:00 Activity of Choice

7:30 Breakfast, Coffee & Good Vibes **26**
8:45 Morning Movement
9:00-11:15 Bingo/Board Games
1:00 Music with Dan
3:00 Group Activities



7:30 Breakfast, Coffee & Good Vibes **27**
9:00-11:15 Bingo
11:30 Fitness & Trivia
1:00 Egg Coloring
3:00 Activity of Choice



7:30 Breakfast, Coffee & Good Vibes **28**
8:45 Morning Movement
9:00-11:15 Bingo/Manicure Monday
1:00 Egg Coloring
3:00 Group Activities
Monthly Birthday Celebration!



7:30 Breakfast, Coffee & Good Vibes **29**
9:00-11:15 Bingo
11:30 Fitness & Trivia
12:45 Egg Hunt/Craft Cleanout
3:00 Activity of Choice

Activities are subject to change... Reading materials, puzzles, board games, card games, coloring material, and exercise equipment are always available!

WELCOME TO DOYLESTOWN GILCREST CENTER 330-658-7035