

Gilcrest Center Doylestown | 593 Gates St, Doylestown OH 44230 | 330-658-7035



Special Days in March

- March 1st & 22nd
 Movie and Popcorn
- March 4th Nutrition Discussion
- March 13th Paint & Sip
 - March 15th Make your own
 Shamrock Shake
- March 18th & March 25th Manicure Monday
 - March 19th March Madness Begins
 - March 20th Oral Health Day Discussion
 - March 21st
 Ceramics
 - March 27th & 28th
 Egg Coloring
 - March 29th Egg
 Hunt



"Spring adds new life and new beauty to all that is."

This month is:
Brain Injury Awareness Month
Women's History Month
National Nutrition Month



Kim G- 3/1

Radica- 3/9

Robin- 3/9

Bev N-3/15

Gary M- 3/16

Vernon K- 3/19

John N- 3/21

Deloris R- 3/25

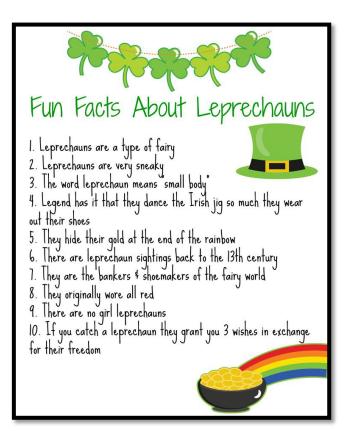
Cookie M- 3/25

Brandon R-3/27

Special Dates in March

- ♣ International Women's Day is March 8th.
- ♣ Day Light Saving is March
 10th (Spring forward)
 - ♣ St Patrick's Day March
 17th
 - ♣ Palm Sunday is March 24^{th.}
- ♣ Good Friday is March 29th.
 - ♣ Easter is March 31st.





March is Brain Injury Awareness Month!

HERE ARE SOME HEALTHY TIPS FOR MAINTAINING GOOD BRAIN HEALTH.

- ♥ Be careful with medicines & alcohol. (Drugs and alcohol can affect how brain cells communicate with one another.)
- ◆ Challenge your brain! (Just as physical activity keeps your body in shape, activities that engage your mind, keep your brain in shape.)
- Keep your blood vessels healthy! (Get your blood pressure, blood sugar and cholesterol checked regularly to keep your numbers in normal range!)
 - ♥ Protect your head! (Seatbelts, helmets, help prevent falls/slips.)

Client Spotlight

Name: Brandon

Birthday: March 27th

Hometown: Canton OH

Favorite Food: Chicken Alfredo

Favorite Drink: Margarita

Favorite Color: Red

Favorite Part About Coming to

Gilcrest: Seeing all my friends.

Fun Fact About Me: I'm 31

years old.

Quote to live by: Live everyday

like its your last.





The Gilcrest Press

Name: Darlene

Position: Dispatch

Hobbies: Being outdoors,

horse back riding

Favorite food: Pasta &

seafood

Favorite drink: Pepsi

Favorite part about your job:

Clients and coworkers

Favorite Quote to live by:

Never lose hope.

Fun fact about you: Met Bruno

Mars when he was 3 years

old. He was dressed as an

Elvis Presley Impersonator.



