

May 2024



# Gilcrest Center

Care Delivered with Love and Respect

Doylestown Gilcrest Adult Daycare | 593 Gates St, Doylestown OH 44230 | 330-658-7035 |

## May Birthdays:

Wanda S- 5/4

Robert W- 5/26

Brenda B- 5/9

Charles A- 5/27

Betty B- 5/15

Donn B- 5/29

Todd F- 5/21

Shirley M- 5/31

Pat R- 5/22



## May Is Hypertension Awareness Month!

- High blood pressure puts you at risk for heart disease & stroke. (Which is the leading cause of death in the US.)
- Weight loss is the most effective lifestyle change in controlling your blood pressure.
- Regular physical activity can help lower blood pressure.
- Eating a healthy diet and reducing sodium helps lower blood pressure.

### Community Events:

May 16<sup>th</sup>- Main St Music, Wooster

May 17<sup>th</sup>- Steel Magnolias Band-  
Doylestown

May 18<sup>th</sup>- Downtown Wooster Farmers  
Market

(Gilcrest **DOES NOT** transport to these events)

**Birthstone- Emerald**  
(Signifies love & success)

**Birth Flower is Lilly of the Valley**

**Zodiac signs Taurus and Gemini**

### Special Events in May:

May 1<sup>st</sup> & 2<sup>nd</sup> Matinee Trip

May 6<sup>th</sup> Cinco De Mayo Celebration

May 14<sup>th</sup> Crazy Hair Day

May 16<sup>th</sup> National Mimosa Day

May 17<sup>th</sup> Pajama/Movie Day

May 22<sup>nd</sup> Bingo Event Field Trip

May 24<sup>th</sup> Monthly Birthday  
Celebration

May 27<sup>th</sup> CLOSED for Memorial Day

May 30<sup>th</sup> Paint & Sip

## CLIENT SPOTLIGHT

**Cynthia “Cindy”**

**Birthday: 9/15**

**Hometown: Akron**

**Fav Food: Spaghetti  
and Meatballs**

**Fav Drink: Coca Cola**

**Favorite thing about  
coming to Gilcrest:  
Socializing with  
friends.**

**Fun fact about me: I  
LOVE comedy.**

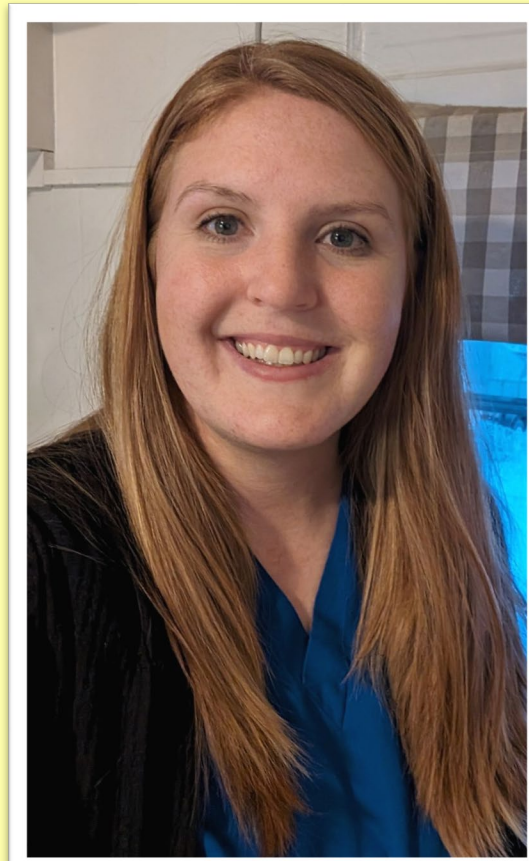
**Quote to live by: Stay  
out of other people’s  
business**



# Employee Of The Month

## Brittany P.

Thank you for always showing up with a positive attitude. Your compassion and work ethic are so inspiring. Your hard work and dedication have not gone unnoticed. You consistently go above and beyond, and it's greatly appreciated. Thank you for being an awesome member of our team!



## Welcome to our Team!

### Vicky

Position: Aide

Hobbies: Gardening, sporting events, camping

Fav Food: Steak

Fav Drink: Coffee

Favorite part about your job: Getting to know the clients.

Fun fact about me: I own chickens.

Quote to live by: Live, Laugh, Love.